

Connecting communities within the West Midlands





Mayor of the West Midlands

It's time to make cycling and walking go your way! The Cycling and Walking Network has over 193km of new and improved routes that will help you get to where you want to go on foot and pedal – whether it's to get to work, the local shop or to do the school run. The time is now for cycling and walking!



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I have committed to supercharging cycling and walking in the West Midlands, and this ambitious plan will help make the region a better place for people to live, work and play. As part of a legacy of the Commonwealth Games, Coventry City of Culture and HS2, the Cycling and Walking Network is a first for the region that will provide people the safer routes they need to get where they want to go whether on foot, scooter or pedal cycle.

It is our time in the West Midlands to rise up to the challenge of increasing active travel as a way to address issues in air quality and physical activity. By working with our partners, we will improve the infrastructure that will allow people of any age or ability to access safer routes for cycling and walking.

Andy Street Mayor of the West Midlands 99

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Cycling and walking is free, good for our health and brilliant for the environment. It would be great for our region to see and get a feel of the benefits of these activities. However, this can only be achieved with investment in high-quality schemes for cycling and walking as well as improvements in safety. The Cycling and Walking Network will help transform our towns and centres to encourage people to get out of the car and take up active travel instead.

Shanaze Reade



Cycling and walking are a fun and great way to get fit and stay healthy. They are a key part of our plans to fight obesity, reduce traffic congestion and improve our air quality in the West Midlands.

We know that more people would cycle if there are safe routes, protected from traffic. This is why in Birmingham we have built two cycle superhighways and have upgraded canal towpaths.

The Cycling and Walking Network sets out how, working together with our partners across the West Midlands, we can provide the lanes and other infrastructure needed to give people the confidence to get out and put their enthusiasm into practice.

Cllr Ian Ward

Leader of Birmingham City Council



22.4%

of children in the West Midlands are either overweight or obese1



28.3%

of West Midlands residents don't walk* at least once a month²



348.9%

of disabled people are inactive in the West Midlands³



Birmingham is the third most congested city outside of London⁴



of residents support building more protected on-road cycle tracks, even when this would mean less room for other road traffic5

To keep updated on these plans, please visit

tfwm.org.uk/cyclewalknetwork

- NHS Digital
 - *10 continuous minutes. Source: National Travel Survey and Active Lives Survey
- Active Lives Survey
- National Infrastructure Commission 4.
 - Sustrans West Midlands Bike Life Report 2019



















